

THE SOCIETY OF NEURO-LINGUISTIC PROGRAMMING

in association with

THE NLP CONNECTION

(An Owner of the Society of Neuro-Linguistic Programming, certifying at all levels in NLP since 1983.

and

GENIUS LEARNING

NLP Trainer Certification Written Test

As a Trainer, you are shaping people's consciousness and teaching a set of perceptions and skills, by guiding them through sequences of experiences, consciously and unconsciously to ensure that multi-levels learnings extend beyond the seminar context into the activities of their everyday lives, enriching their experience and interactions with others.

You are also imparting information; however, you are doing much more than just giving them information. You are organizing and reorganizing their internal perceptions, and therefore, their thinking and behavior.

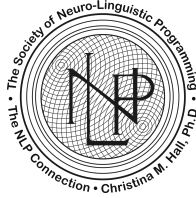
The Trainer Certification written test has two parts:

1. The major presuppositions in your teaching.
2. Teaching design: teaching and skill chunks.

Part 1: The Major Presuppositions in your teaching.

Describe the following:

1. The major (at least four) underlying presuppositions (for example, about communication, learning, change, etc.) that form an integral part (e.g., unifying themes) of your work with people.
2. Describe how you shape and reinforce these presuppositions in your teaching, both non-verbally and verbally (language).



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Part 2: Teaching Design

The following is a list of the content areas considered to be basic and fundamental to the teaching of Neuro-Linguistic Programming at the Practitioner level. Please do the following with each major content area:

1. **Setting frames:** list at least 4 key points that you want to emphasize in the opening frames related to each major area.
2. **Chunking and sequencing:** list at least 5 elements that you consider **essential** in the teaching of each major area below. List them in the sequence that you would teach these elements.
3. **“Building bridges“ (future-pacing):** after your participants have done the exercises related to the major area, list at least 4 key points to “close“ and build a bridge to the other subjects to come.

For example:

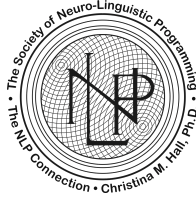
- Setting Frames:**
1. It's a natural and dynamic process.
 2. Meeting the other person at their model of the world.
 3. Building trust and credibility.
 4. It's about building relations through time.

Major Areas: Chunking and Sequence the Elements of Exercise Design

- Example:
PACING
1. Mirroring whole body posture
 2. Matching predicates
 3. Matching intonation patterns
 4. Defocus eyes to expand visual periphery
 5. Pace and lead breathing directly & indirectly

Closing and Future-Pacing:

1. An example of multi-level communication, sending messages at a deeper level.
2. It's also about building motivation to explorer new and different perspectives.
3. Rapport also serves as the foundation of all the techniques that you will learn.
4. You cannot not influence – it's about enriching the quality and effectiveness of the communication and therefore, the quality of living.



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Major Areas

1. NLP Presuppositions
2. Representational Systems
3. Rapport-Building
4. Anchoring
5. Association and Disassociation
6. Calibration and pattern recognition
7. Milton Model Patterns and
8. Fundamental hypnosis induction and utilization processes
9. Meta Model of Language
10. Outcome Frame and Well-Formedness
11. Reframing (content, context, reverse the behavioural presupposition)
12. Negotiation Techniques (working with “parts“)
13. Sub-Modalities
14. Contrastive Analysis (Perceptual Contrast)
15. Multi-level Communication
16. Modelling and Basic Strategy Elicitation and Utilization

For the following procedures (17-23), please describe the steps that you typically go through when guiding someone through the procedures below.

17. New Behavior Generator
18. 3-Place V/K Disassociation (“Phobia Cure“)
19. Change Personal History
20. 6-Step Reframing
21. Swish Pattern
22. Visual Squash
23. Future-Pacing